



County of Sacramento

July 1, 2026

RE: FY 2026-2027 Required Cultural Competence/Humility Training Series

Dear Sacramento County Behavioral Health Services & Contracted Providers:

Per [Sacramento County's Implementation of Cultural Competence Policy and Procedure](#), the state requires that each County develop and implement a Cultural Competence Plan that includes training of Mental Health and Substance Use Prevention and Treatment Providers who are:

- The administrative and management staff
- The persons providing mental health or substance use prevention and treatment services employed by or contracting with BHS or with contractors of BHS; and
- The persons employed by or contracting with BHS or with contractors of BHS to provide interpreter or other support services to beneficiaries.

Required Cultural Competence/Humility Training Series

The Cultural Humility Training Series is a requirement of the Department of Health Care Services (DHCS) Cultural Competence Plan Requirements. There will be three live (virtual) trainings with an option for staff to watch the recording if not available to attend the live training. All direct service staff who provide behavioral health services to Sacramento County consumers, their supervisors, and management who oversee clinical operations are required to complete these trainings. **If staff do not attend live training(s), they will be required to watch the recorded training(s) by June 30, 2027.**

Training Series Topics, Dates, and Format

BHS will partner with the California Institute for Behavioral Health Solutions (CIBHS). There will be three virtual training courses with an option for staff to watch the recordings if they are unable to attend the virtual live training. This year's topics will focus on **Advancing Inclusive Dialogue, Somatic Practices to Address Community Trauma, and Culturally Responsive Behavioral Health Care for Asian Asylum Seekers and Refugees.**

FY 2026-2027 Training Series Topics and Dates:

1. **Advancing Inclusive Dialogue, Clinical Development, and Allyship**
Thursday, August 27, 2026 10:00 am - 12:00 pm (2-hours)
2. **Somatic Practices to Address Community Trauma and Navigating Collective Stress**
Thursday, October 1, 2026, 10:00 am - 12:00 pm (2-hours)
3. **Culturally Responsive Care for Asian Asylum Seekers for Refugees**
Thursday, October 29, 2026 10:00 am – 12:00 pm (2-hours)
4. ***Ensuring Trans-inclusive Health Care**
Module available in Learning Cart

Participants are eligible to download a certificate of participation. We are working towards providing CEs to eligible professionals who attend either live or recorded training.

SB 923 Requirement: *Ensuring Trans-inclusive Health Care, meets a newer state SB 923 training requirements, known as Transgender, Gender Diverse or Intersex Inclusive Care Act which requires Behavioral Health Plans, subcontractors, and downstream contractor staff who are in direct contact with members to complete this training with **45 days of being hired and every two years thereafter**. This training is mandatory for all direct service providers, their supervisors, leadership, and any BHS staff who have direct client contact. **If you completed the training last year, you have satisfied the state requirement. New staff must watch the recorded training in Learning Cart.**

Attendance Requirement

All direct service staff who provide behavioral health services to Sacramento County members, their supervisors, and management who oversee clinical operations are required to attend these trainings.

BHS is required to demonstrate to DHCS that we have a system in place to track training compliance—including identifying who is required to attend, who has completed the training, who has not, and issuing reminders to those who are still pending.

If staff do not attend live training(s), they will be required to watch the recorded training(s) by **June 30, 2027**.

Registering for Training

If you or your staff have participated in the Cultural Humility Trainings from the previous fiscal year, then your Learning Cart account will automatically be updated with the new training series as they become available. **Link to Learning Cart:** <https://training.cibhs.org/accountlogin.aspx>

To add new staff to the system, create an order using the link below and assign them the training using their work email address. **Link to add new staff:** <https://training.cibhs.org/products/2026-27-Sacramento-County-BHS-Cultural-Competency-Trainings.aspx?>

New staff will receive an email from no-reply@learningcartlms.com and will be promoted to create a new account.

- **Supervisor instructions for assigning staff to trainings:**
https://training.cibhs.org/uploads/Instructions%20for%20Assigning%20SAC%20BHS%20Staff%20to%20Training_V2.pdf
- **Staff instructions for accessing the trainings:**
<https://training.cibhs.org/uploads/Instructions%20on%20Accessing%20the%20Sac%20County%20Training%20Courses%20in%20Learning%20Cart.pdf>

If you do not see the training series in your Learning Cart by July 31, 2026, or you need support adding staff, please contact supportcibhs@cibhs.org.

Accommodation Requests

To request interpreters, alternate formats of documents or other accommodations to participate in the trainings, get in touch with Gail Brosnan at (916) 709-1653 (CA Relay 711) or brosnang@saccounty.gov two weeks prior to the training.

We have created a [training flyer](#) that includes the trainings mentioned. Thank you and if you have questions, please email BHSWETInformation@saccounty.gov.

Sincerely,

Mary Nakamura, LCSW *Mary Nakamura*
Cultural Competence and Ethnic Services Health Program Manager
Continuous Quality Improvement